



YMCA Camp Eberhart Staff-In-Training Application

Summer 2025

Thank you for your interest in YMCA Camp Eberhart's Staff-in-Training program! This program is a fantastic opportunity for you to shoulder responsibility, work with young children, be safety-conscious and learn leadership. Your interest in participating in this program speaks well of your character and we look forward to your application.

Being a SIT at YMCA Camp Eberhart will be a challenging, rewarding and fun experience. Days spent as a SIT will be packed with an array of activities and challenges. It is critical to understand that being a SIT is a responsibility. Read over the items listed below with your family before you complete your application to camp. Be sure that you are willing and prepared to meet the challenges presented by this role.

- SIT behavior standards are dramatically higher than that of a camper. There will be no tolerance for misbehavior among SIT's.
- A SIT must always be willing to participate with enthusiasm. Enthusiastic participation is part of leadership and is a requirement.
- SIT's are expected to be ready to learn every day. We'll provide opportunity and guidance, you bring the right attitude.

If you're ready to take on the challenge of being a SIT then we encourage you to fill out the application email it to us at campeberhart@ymcagm.org. You will also need to obtain one letter of recommendation from an unrelated adult (this can be a teacher, coach, mentor, etc.) Once we receive this information we will review your application and, pending a successful application, you will receive a letter confirming your placement in the SIT program. *Applications will be accepted until the program is full. Please note that space is limited.*

Thanks again for your interest in becoming a SIT at YMCA Camp Eberhart. We are excited to hear from you!

Staff-In-Training Program FAQ's

SIT is the first step in our rigorous staff development program, so our goal is to help you learn the skills you need to become a great counselor. Should you choose not to become a counselor, you will still learn valuable skills that will be an asset in any job setting.

How long does a SIT stay at camp and where do they stay?

The SIT program is offered twice over the summer in four-week increments throughout the summer. SIT's live 3 of their 4 weeks in our newly built Greenleaf Tree House Village. They also spend one week of their session living in a camper cabin and learning first-hand the many skills required to be a great camp counselor!

What kind of special training will I receive as a SIT?

SIT's will engage in a formal training on their first day of each session that will cover the following topics:

- What an SIT can expect
- What is expected of me as an SIT
- Review of expectations, typical day at camp and overview of the 4 weeks
- SIT T-Shirt and ID's

SITs will be provided a CPR* and First Aid* (Certification dependent on passing test.) class as well as engage in leadership and career development trainings during the program. They will participate in activities with younger campers and gain direct experience with them all while working closely with highly trained staff.

Will I receive feedback on my performance?

Yes! Feedback is crucial to the development of any staff member and as such, each SIT will receive direct feedback from our staff and our Leadership Directors.

Will there be any special events for SITs?

Under the supervision of your Leadership Directors, SITs will help plan and run at least one special event during their time with us.

Can I choose what age group and which activities I work with?

Most SITs will be assigned to spend their one week in-cabin experience with our younger campers in Morris, Baker-Cooper, Cabins 1/2, 3/4, 9/10 and 11/12. While SIT's cannot choose where they are assigned, there will be an opportunity for them to let us know their preferences. SIT's will choose 4 programs in week 1, shadow programs in week 2, and work in programs in weeks 3 and 4. Again, while SITs cannot choose where they are assigned those last 2 weeks, there will be an opportunity for them to let us know their preferences.

Applicant Information

Name _____ Date _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Birthday _____ School _____ Grade _____

I check my emails Daily Weekly Never

Certifications *Check all that apply* CPR First Aid Lifeguarding Other _____

Were you in Leadership Core (formerly known as Counselor-In-Training)? Yes No

Proficiencies & Experience

Please mark each program area you have a received a proficiency in with a "P" and each program area you have experience in with an "E."

_____ Archery

_____ Fishing

_____ Rocketry

_____ Arts & Crafts

_____ Land Sports

_____ Sailing

_____ Astronomy

_____ Music & Drama

_____ Swimming

_____ BCK

_____ Nature

_____ Trail Biking

_____ Climbing Challenge

_____ Riflery

_____ Waterskiing

_____ Equestrian

_____ Photography

Work Experience

Do you have any former work and/or volunteer experience? If so, please elaborate:

Applicant Questions

Why do you want to be a SIT?

Do you have experience working with youth? If so, what has it taught you?

What personal traits would make you a great SIT?

Do you have experience as a leader? If so, what has it taught you?

Who is a role model to you? What makes them a good role model?

What Impact do you think you can make on a child's camp experience?

What is your greatest personal goal for yourself? Why and what will it take to achieve?